



# BSS

Basic Sea Survival

The aim of this course is to provide offshore personnel with the knowledge and skills necessary to care for themselves and others in sea survival situations for an indefinite period of time and to participate to the maximum extent in their own rescue. This program meets and exceeds the standards put forth by the International Association of Sea Survival Training (IASST). The course includes the psychology of survival, life saving appliances, actions prior to abandonment, survival at sea and rescue techniques. The program consists of classroom sessions, pool exercises, active participation in practice drills and a survival exercise.

## General Course Objectives

Upon successful completion of the course, delegates should have an understanding of appropriate sea survival equipment and techniques.

## Course Content

- Stresses of sea survival
- Survival life support
- Survival equipment
- Life Raft Deployment
- Practical Exercises, including:
  - Formation
  - Scramble net
  - Personnel Transfer
  - Hoisting
  - Jumping
  - Righting liferaft
- Lifeboat deployment

**Accrediting Body:**

**Course Duration:**

**Course Validity:**

**Course Venue:**

Samson Tiara

1 Day

3 Years

Cilegon

